

Projects > Napkin Rings

Our FREE Brother design download this month is a small quilt design. We created a starburst effect with this design and used it to decorate the center of some summery napkin rings. We suggest creating these napkin rings to coordinate with our Brother Foot of the Month project, the flower power centerpiece for a bright and cheerful table setting. The napkin rings are easy to make and look nice with multiple colors of readymade napkins and placemats.

Materials and Supplies

- [Brother](#) Combination Machine or a Brother Embroidery Machine with 4-inch or larger hoop capability, and a Brother Sewing Machine for construction.
- [Brother Embroidery Thread](#): Choose four colors to coordinate with other items on your table.
- [Embroidery Needle](#)
- [Brother FREE Design of the Month](#), Quilted starburst.pes
- Basic sewing notions including a wash out marker.

Note: It is advisable to remove markings prior to pressing.

- Fabrics and trims for creating the centerpiece:
 - ✂ Four pieces of white quality cotton measuring 9-inches square for embroidered side of napkin rings.
 - ✂ Four pieces of thin white cotton batting measuring 9-inches square for stabilizing embroidered side of napkin rings.
 - ✂ Four pieces of white quality cotton measuring 4-inches wide X 8-inches long for lining napkin rings.
 - ✂ Four pieces of white grosgrain ribbon measuring 3/8-inches wide X 18-inches long.
 - ✂ Four colorful buttons approximately 1/2-inch in diameter.

Instructions for Creating Napkin Rings:

Note: Instructions are for one napkin ring. Repeat all steps to make a set of four.

1. Layer one 9-inch piece of fabric with one 9-inch piece of batting. Center the layers in your 4-inch hoop.



**NAPKIN RING
CLOSE-UP**



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2. Transfer the quilt design to the machine. To create the starburst effect we embroidered the design four consecutive times, beginning with the design at the actual size, then reducing the design slightly and stitching each smaller design with a different color. Create the combined design using the Edit mode of your machine if you have this capability. *See our example in **Figure #1**. For machines without Edit Mode simply select and embroider the design four times, reducing the size each time to achieve the same effect.
3. To create a casing for the ribbon, sew a buttonhole measuring approximately ½-inch long on each side of the embroidered design, positioning the buttonhole so that it is centered with the design motif. *See **Figure #2a** and **#2b**.
4. Cut embroidered piece into a strip to equal 4-inches wide by 8-inches long, with the embroidery in the center. On the wrong side trim away ½-inch of batting on all edges to remove it from the seam allowance.

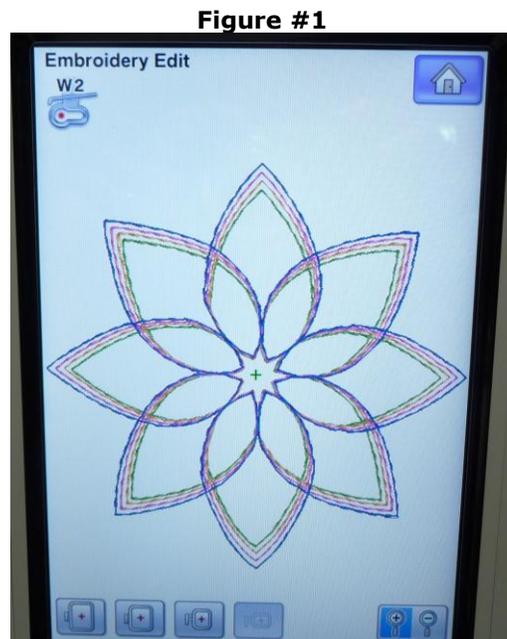


Figure #2a

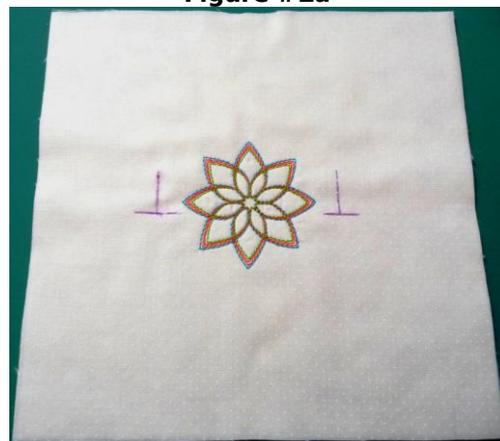


Figure #2b

5. Carefully cut buttonhole open using a seam ripper. Using a scant ½-inch seam allowance sew lining piece to embroidered piece with right sides together, leaving the short ends open. Turn right sides out and press. Tuck raw ends to the inside by folding and pressing under ½-inch. At the machine, stitch along each end to close the openings.



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- Use a small safety pin or another threading tool to feed the ribbon through one buttonhole and out the other. Pull the ribbon so it is even on each end.
- To finish, sew a button in the center of the quilt design. We used the button sewing foot to stitch each button. Check your machine to see if it includes a button sewing stitch to use in combination with the button sewing foot. This will not only accent the napkin ring, it will keep your ribbon from pulling out of place. ***See Figure #3.**

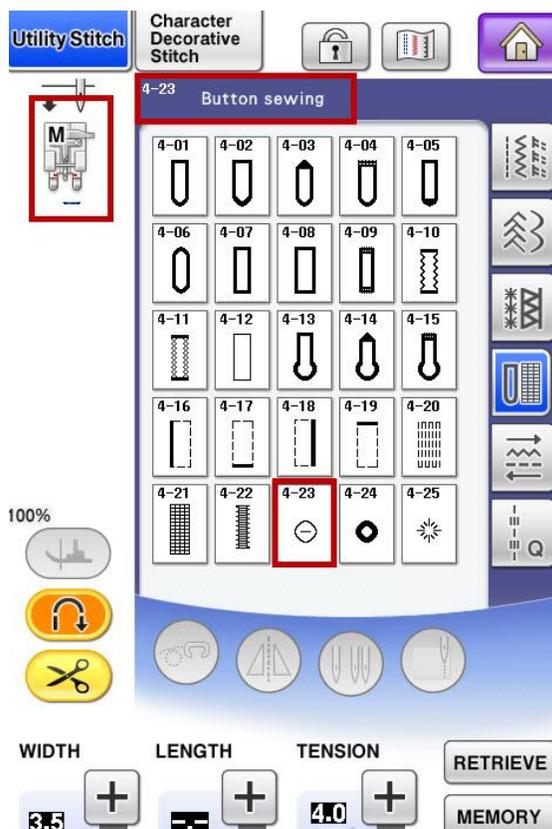


Figure #3



You are finished!

Wrap and tie your napkin rings around napkins and enjoy!