

## Foot of the Month > PVC Apron

Our Brother Foot of the month is the Non-Stick roller foot. This foot is ideal for sewing PVC fabric like the fabric featured in our apron project. The style is simple and the PVC fabric is easy to care for. Just wipe clean. Whip up this apron in no time at all, then get ready to cook, bake, and entertain in style!

### Materials and Supplies

- [Brother](#) Sewing machine
  - [SA190 Brother Non-Stick Roller Foot](#)
  - [SA5810 Medium Weight Tear-Away Stabilizer](#)
  - Size 12 Microtex machine needle
  - Rotary cutter with wave blade for trimming outer edges
  - Low tack painter's tape to temporarily attach pieces together. **Note:** Remove tape immediately after using it on fabric. If tape is left in place too long it will leave a residue.
  - Special fabric clips or ordinary paper clips to replace pins when holding pieces together for sewing.
  - One piece of coordinating grosgrain ribbon 72-inches long by 7/8-inches wide for apron waistband and tie.
  - Two pieces of coordinating grosgrain ribbon 25-inches long by 7/8-inches wide for apron neck ties.
  - Paper for making heart shaped pocket pattern, one piece measuring 9 1/2-inches square.
  - PVC coated fabric for apron:
- ✓ **Fabric Print #1** - Two pieces of fabric measuring 9-inches wide by 11 1/2 inches long, one piece for bib top front and one piece for reverse side of bib.
  - ✓ **Fabric Print #1** - One piece of fabric measuring 9 1/2-inches square for heart shaped pocket.
  - ✓ **Fabric Print #1** - One piece of fabric measuring 20-inches wide by 15-inches long for reverse side of apron skirt front.
  - ✓ **Fabric Print #2** - One piece of fabric measuring 20-inches wide by 15-inches long for apron skirt front.

We used [Laura Ashley](#) brand PVC fabric, polka dot print for fabric #1 and cupcake print for fabric #2. As an alternative you can purchase an iron on vinyl laminating product and apply to cotton fabric to create your own vinyl-coated fabric. Check with your local fabric retailer for product availability.

Apron size: One size fits most. Finished length is 26-inches.



#### Important note about sewing on coated fabric such as the PVC used for this apron:

The non-stick roller foot allows for smooth stitching when sewing on top of the vinyl-coated side of the fabric. Place a layer of tear away stabilizer underneath the fabric to keep the fabric moving smoothly whenever the vinyl coated side faces the bed of the machine. Remove stabilizer by gently tearing it away, using new pieces of stabilizer as necessary.

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## Instructions for Creating Apron

1. Fold the 9 ½-inches square piece of paper in half and cut out a simple heart shape. Use the heart pattern to cut one pocket piece from the 9 ½- inches square of fabric. See example below:



2. Position the single layer pocket on one side of the apron skirt front, tilting it at a slight angle. Tape pocket, using the tape to keep the pocket in place and also to mark the starting and stopping point for machine stitching. **Note:** Be sure to leave an opening at the top of the pocket large enough for your hand to slip through.

\*See **Figure #1**.

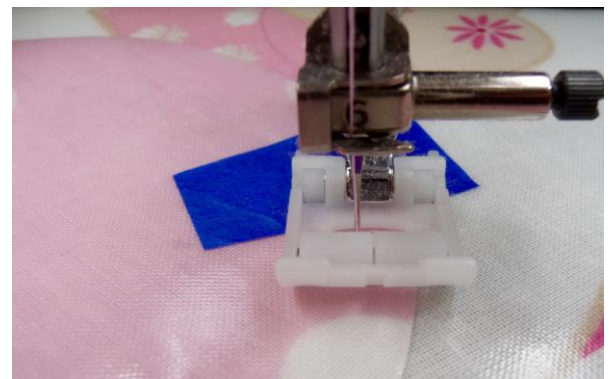
3. Sew pocket to the apron skirt using the roller foot and a zig zag stitch, stitching approximately ½-inch from raw edge of the heart shape. \*See **Figure #2**.
4. Layer the two skirt pieces with wrong sides facing and raw edges matching. Use a small round object such as a teacup saucer to round off the lower side corners. Clip layers together. \*See **Figure #3**.
5. Place skirt on top of tear away with the front side facing up. Sew a zig zag stitch ½-inch from raw edges to secure layers together, taking care to remove clips as you sew.



**Figure #1**



**Figure #2**



**Figure #3**



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6. Trim each side and bottom edge slightly using the wave blade rotary cutter.
7. Prepare bib top by layering the two rectangles together with wrong sides facing, raw edges matching, and one 9-inch edge designated for the top. Clip together, place on stabilizer, and sew a zig zag stitch  $\frac{1}{2}$ -inch from all raw edges, securing the layers together as you did for the apron skirt. Trim top and side edges with the wave blade.
8. Position ribbon pieces for neck ties approximately  $\frac{1}{2}$ -inch from side and top edges, tape, and then stitch in place with a zigzag stitch.



**Figure #4**



**Figure #5**



**Figure #6**

9. To complete the apron mark center of skirt top and center of lower bib. \*See **Figure #4**.
10. Next, place bib over the skirt, clipping the two together and overlapping the apron skirt by  $\frac{1}{2}$ -inch. \*See **Figure #5**.
11. Position the 2-yard piece of waistband ribbon on top, centering it from end to end and using tape to secure all pieces together. Use a zigzag stitch to attach the bib to the skirt by stitching along ribbon edges, removing the tape as you go. \*See **Figure #6**.
12. Adjust length of neck and waist ties if needed and then tie each end into a knot.

You are finished!



Close up view  
of stitching.