

## Foot of the Month > Napkins with Narrow Bias Trim

Our Brother foot of the Month is the Adjustable Bias Binder Foot. This foot has many uses beyond the application of bias binding. We used the foot to easily guide bias trim along napkin edges as we anchored it in place with a pretty decorative stitch. Consider trimming an additional napkin to wrap and tie around a vase for an attractive and easy Autumn centerpiece, perfect for every day and for holiday entertaining. Our bias trimmed napkins are so easy to make you can complete a set while the pumpkin pie bakes!

### Materials and Supplies

- [Brother Machine](#)
- [SA198 Adjustable Binder Foot](#)
- Brother Embroidery thread and embroidery needle for decorative stitching
- Pre-purchased, high quality napkins. Ours measured 20-inches square.
- Double fold bias tape, ¼-inch (6mm wide), approximately one package for each 20-inch square napkin. **Tip:** coordinate binding with a prominent color in your tableware. See below:



Finished Napkin Corner with Bias Trim

### Instructions for Creating

1. Cut a piece of the narrow bias for each napkin edge, having the length measure measuring 2-inches longer than the napkin. \*See **Figure #1**.
2. Select the Serpentine Stitch using the settings below.

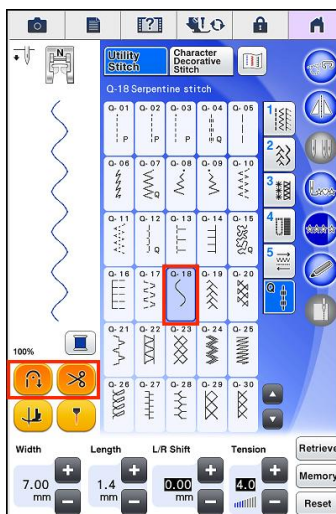
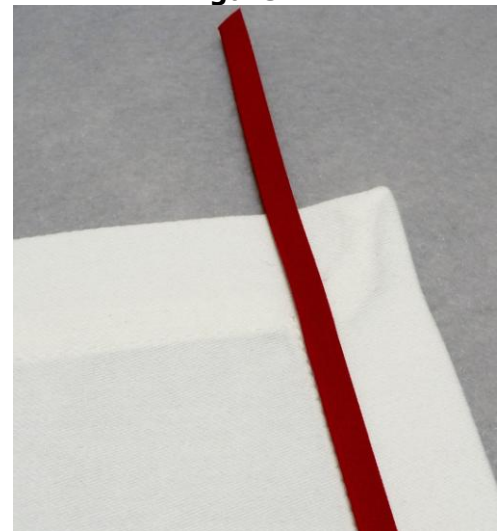
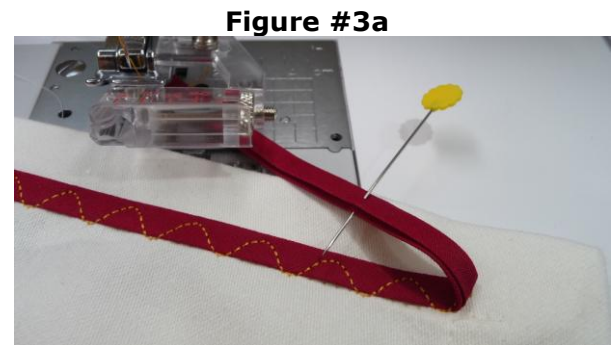
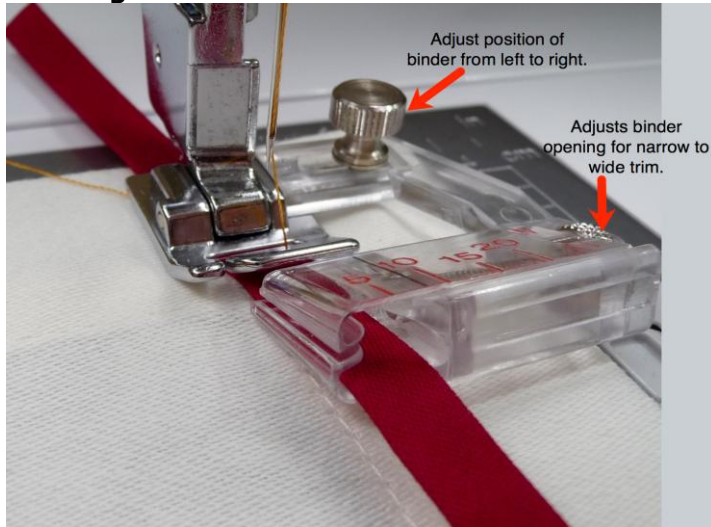
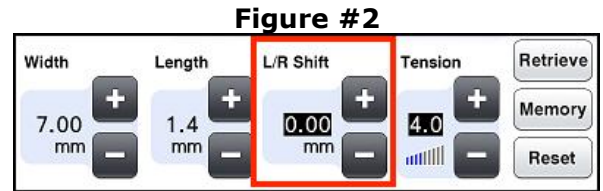


Figure #1



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3. Set up the bias binder foot so the slot closely fits the width of the bias binding. Adjust the foot so that the stitch forms directly on top of the bias. Stitch along the binding, attaching it to the napkin with the decorative stitch. If your machine has the feature for shifting the stitch you can use this adjustment to further align the stitch so that it forms directly over the binding. \*See **Figure #2**.

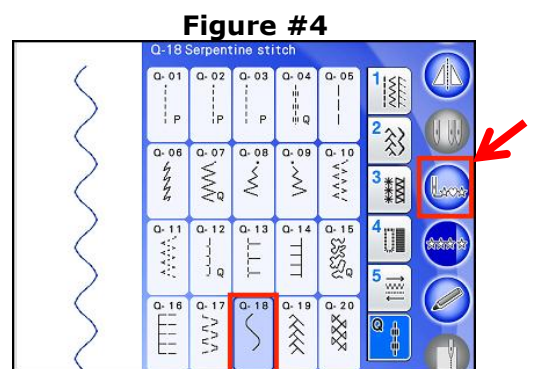
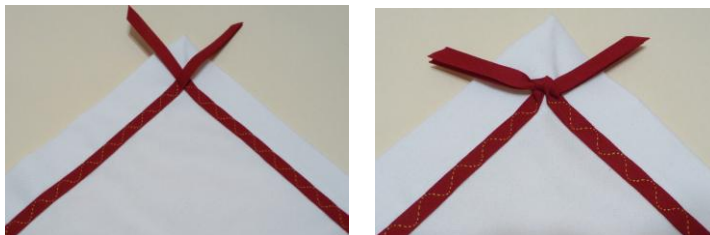


**Note:** You may want to experiment with the settings using a remnant of fabric and a scrap of bias trim prior to trimming your napkins.

4. Trim two parallel sides of each napkin and repeat the technique on the two opposite edges, pulling the binding out of the way as you prepare to stitch each perpendicular row. \*See **Figure #3a and #3b**.

**Note:** We used the Back to Beginning key for each new row so the stitch formed a full pattern at the beginning of the stitching line. \*See **Figure #4**.

5. When you have completed each row, tie loose ends into a knot at each corner. You are finished!



**Option:** Close loose, open ends of bias trim with topstitching if desired.